



Water Savers



**WILD
CAUGHT**

vs.

FARMED FISH

TIP OF THE MONTH

NOT
THIS



- **HEALTHIER**

- LEANER
- MORE OMEGA-3s
- NO ANTIBIOTICS

- **NO ARTIFICIAL COLORING**

- **BETTER TASTE**

- **NATURAL DIET**

- NO SOY OR CORN OR OTHER GMOs
- **NO GROUND UP MENHADEN!**

- **CROWDED CONDITIONS**

- REQUIRES MASSIVE AMOUNTS OF ANTIBIOTICS

- **HIGH LEVELS OF CONTAMINANTS**

- PCBs, DIOXIN

- **DIMINISHED HEALTH BENEFITS**

- LESS PROTEIN, MORE FAT
- LOWER LEVELS OF GOOD OMEGA-3s
- HIGHER LEVELS INFLAMMATORY OMEGA-6s

- **ABOUT 500,000 METRIC TONS OF MENHADEN ANNUALLY GROUND UP FOR FOREIGN FISH FARMS**

11/26